



Oulu2026
European Capital
of Culture

Bystämmin
OHJAAMO

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SUMMER IN OULU 2026

YOUTH AND YOUNG ADULTS



Photo: Pasi Rytinki / City of Oulu

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THINGS TO DO IN OULU DURING SUMMER 2026

Upcoming events

- **Nuorten Reitti Summer Picnic on Wednesday, July 15, from 2:30 PM to 4:30 PM.** The picnic is intended for job-seeking young adults aged 18–29. The event will take place in Ainola Park, behind the Oulu Museum. During this relaxed afternoon, you can play Mölkky, chat with other participants and enjoy a light snack. [More information about the picnic in Finnish can be found in Työmarkkinatori.](#)
- **Megazone Thursday, July 16 at 5:00 PM.** Address: Pakkahuoneenkatu 17. Tripto Megazone is organized by Oulu Street-based youth work and is intended for young people aged 13–29. To participate, please register by July 15 at 4:00 PM by calling or texting 040 480 2818. For more information, visit Instagram: @oulunjalkautuvanuoorisotyo.
- **Disability / Vammaisten Pride Oulu 2026 on July 17th starting at 12 PM.** The march gathers at Toripolliisi. At 12:30 PM, the march will start along a route of less than 1 km. The march culminates on the Rotuaari stage, where, in addition to speakers, the rap/pop band Sydänbiitti will perform. The event is open to everyone, and the principles of a safe space will be followed! [More information about the event can be found in the MunOulu event calendar.](#) You can find the full program of Disability Pride week in Finnish on Disability Pride Oulu social media: IG: @disabilityprideoulu and FB: Disability Pride Oulu
- **Rainbow Orchestra - voice workshop on Thursday 23.7. at 16:30-18:30.** Rainbow Orchestra brings together people from diverse backgrounds through Pride values — equality, joy, freedom, and mental well-being. No previous experience in music or art is required. You can register by emailing: taideturvapaikka@gmail.com. [Read more about the voice workshop in the MunOulu event calendar.](#)
- **Oulu2026 x Qstock is coming! July 24-25, 2026 at Linnansaari** – music and festival vibes, for free! A diverse lineup of artists and bands. The Oulu2026 stage program is open to everyone. There's no admission fee or age limit for Linnansaari. There are also food services, a licensed area (18+) and toilets in Linnansaari. [You can find performers and schedules in the MunOulu event calendar.](#)
- **Kellarikollektiivi @ Mallasterassi Open Mic Wed 5.8. at 19–22.** Hosted at Mallasterassi (Kirkkokatu 17), the open mic is a free, open event to share your poetry or music. Please

note that the event adheres to safer space guidelines. [Read more about the Open Mic event in the MunOulu event calendar.](#)

Events throughout summer

- **Oulu Park Picnics are hosted from 24.6.-9.8.2026.** The Park Picnics are free-of-charge public events, where the local citizens get to arrange the event programmes themselves. The Picnics are organized primarily on the Hollihaka Park stage, around the city centre and in different city districts. [Park Picnics programme available in the event calendar through this link \(Ouka.fi\).](#)
- **Viva La Kesäkatu – free concerts in July and June every Thursday at 16–18.** The concerts are free and open for everyone and held at Valkea Shopping Centre. [More information about the free concerts through this link \(Tapahtumat.munoulu.fi\).](#)
- **Patiolive 2026 on Jumpru Pub's patio Tuesday through Thursday 16.6.–13.8.2026.** The event contains live music and a great atmosphere. Jumpru Pub's patio is accessible. The stage is located at the back of the patio. Jumpru Pub itself is not accessible and there is no accessible toilet. The events are free for people aged 20 years and above. Jazzpatios on Tuesdays are organized by Oulun musiikkijuhlat and Jumpru Pub. [More information about Jazzpatio on Oulun musiikkijuhlat website.](#)
- **Vauhtipuisto Patio Live gigs! On Wednesdays from 24th June to 29th July at 7:00 PM.** Address: Leiritie 2. For six Wednesday evenings, great live bands will take the stage on the Patio of Vauhtipuisto's Huvilinna. There will be a mix of genres to suit all musical tastes. The gigs always start at 7:00 PM. Free entry. [Performers and other details can be found in MunOulu event calendar.](#)
- **Oulu2026 Mallastage** Free gigs until mid-August ext to Mallasauna, at Pikisaarentie 15. [You can find schedules and performers in MunOulu event calendar.](#)
- **Heinätori Park Flea Market every Saturday 6.6.–29.8. at 11–15.** Open and free Saturday flea market for everyone from Oulu. Sellers can bring their own table, rack or you can sell from a blanket. [More information about the event in MunOulu event calendar.](#)
- **Evening flea market at Oulu Market Square on Wednesdays from June 10 to August 5, 4–8 PM.** At Ahtisaari Square, next to Oulu Market Square, a cozy evening flea market will be held on Wednesdays during the summer. The price for a selling spot is 5 euros and it must be reserved in advance. [If you're interested in a selling spot at the evening flea market, go reserve your place and read the instructions in Finnish on the Oulu Business Center website.](#)

- **Disco Club: Summer's Scenes 6.6.–25.7 at 18–22.** Disco Club is a non-alcoholic and free-of-charge dance event held on Saturdays by Vision 51. The event offers the possibility to participate in club culture in an accessible, substance-free, and safe environment. The event is suitable for people above the age of 15. [More information about the Disco's weekly themes through this link \(Tapahtumat.munoulu.fi\).](#)
- **Koitelin Tunnelmatupa summer bingo 24.6.–31.7 on Wednesdays 18–19.** The event is hosted in Koitelin's Atmosphere Room, in Kiiminki (Sahasaari, Koitelinkoskentie 456). The cafe is open daily. [Read more about the event through this link \(Tapahtumat.munoulu.fi\).](#)

The Byström One-Stop Guidance Centre (Byströmin Ohjaamo)

The Byström One-Stop Guidance Centre's opening hours are from Mondays to Thursdays from 9.00–16.00 and on Fridays from 9.00–15.00. The address is Torikatu 10 (Oulu 10). There are many events and groups that you can participate in during June. They are listed on a table below.

- **In July, Byström Guidance Centre is CLOSED 13.-27.7.**
- In July, there are exceptions to Byström's opening hours. On 27.–31.7. the Byström One-Stop Guidance Centre is closed on Mondays. However, it is open from Tuesdays to Thursdays at 12–16 and on Fridays from 12–15 o'clock.
- In August, Byström's services will operate normally. An exception to this is Monday 10.8., when Byström will be closed.

The following services at Byström are on a summer break

- Sexual counselling ON BREAK 26.6.–16.8.
- Employment services walk-in ON BREAK 18.6-9.8.
- Substance abuse counselling ON A BREAK 30.6.-3.8.
- Housing counselling ON A BREAK for a time being, after 29.6.
- Outreach youth work walk-in ON A BREAK 24.6.–2.8.
- Career choice psychologist walk-in ON A BREAK 15.7.–5.8.
- Information and counselling work's walk-in ON A BREAK 13.7.–30.7.

You may come to the Centre without reservation, or make a reservation beforehand by calling, texting or contacting us via e-mail. You can also use our customer computers freely. You can receive information and guidance at the Byström One-Stop Guidance Centre or by phone or online. At

Byström everything is free of charge. [More information from Byström One-Stop Guidance Centre's webpages at Nuortenoulu.fi.](#)

Park lunches for young adults during 1.-30.7.2026

In July there are park lunches for 18–29 year-old young adults at Byström House and at Loko Youth Hub. There is a free lunch and varying activities from Monday to Thursday.

- **Mondays at 13–14**, Loko Youth Hub (Kauppurienväylä 23)
- **Tuesdays, Wednesdays and Thursdays at 13–14**, Byström house's courtyard (Hallituskatu 5A)

You do not need to register beforehand for the park lunches. You can simply arrive there with your cutlery, food-container and a drink. The park lunches are substance-free events. There are also some additional activities on top of the park lunches.

The schedule for Byström One-Stop Guidance Centre's park lunches:

When	What	Where	Additional info
Tue-Thurs 14.7.–16.7. At 13–14	Park lunch and additional activities for 18–29 year-olds	Byström house's courtyard, Hallituskatu 5a	No registration. Free. Welcome!
Tue-Thurs 21.7.–23.7. At 13–14	Park lunch and additional activities for 18–29 year-olds	Byström house's courtyard, Hallituskatu 5a	No registration. Free. Welcome!
Tue-Thurs 28.7.–30.7. At 13–14	Park lunch and additional activities for 18–29 year-olds	Byström house's courtyard, Hallituskatu 5a	No registration. Free. Welcome!

The park lunch menu can be found at Nuorten Oulu website in an article: Park lunches for young adults 1.-30.7.2026. [You can find the article of the Park lunches from this link \(NuortenOulu.fi\).](#)

- Note! Under 18-year-olds have their own park lunches. [You can read more about the park lunches from this link \(Ouka.fi\).](#)

Oulu Pride-week at Byström

When	What	Where	Registration	More info
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Fri 7.8. at 11–15	Crafting workshop (Tuunaus-paja)	Nuorten Bysis (Hallituskatu 5)	No registration. Welcome!	Sanna, +358 447038246
Fri 7.8. at 16–18	Sateenkaari-ihmisyys ennen ja tässä - a lecture and a panel discussion in Finnish	Valve Café	No registration. Welcome!	Sanna, +358 447038246
Sat 8.8. at 10-13	Pre-party and group departure to the Pride parade (Etkot ja yhteislähtö kulkueeseen)	Raatin nuorisotalo (Raatintie 7)	No registration. Welcome!	Sanna, +358 447038246
Sat 8.8. at 18–23	The Youth Pride afterparty (Nuorten Pride-jatkot)	Raatin nuorisotalo (Raatintie 7)	No registration. Welcome!	Sari, +358 447038245

Kaikukortti Card

With the Kaikukortti card you can purchase free tickets to cultural events and venues, such as concerts, theatres and museums. With the card you can also purchase course places at community colleges (kansalaisopisto). The Kaikukortti card is intended for individuals and families in a tight financial situation, and who are customers of the welfare services or other services that issue the card. The card is personal and free of charge.

With the Kaikukortti card you can visit the Oulu Art Museum, the Kierikki Centre, the Turkansaari Open Air Museum, among others, during opening hours. [Through this link is more information, such as where to get the 2026 Kaikukortti card and where you can use the card.](#)

Youth Center Nurkka

Youth Center Nurkka is a place for 13–29 year-old young people and young adults. You can spend time freely, drink a cup of coffee and play card or board games at Nurkka. It is located on the 1st floor of the Valkea Shopping Centre. It is operated by the Oulu Youth Services and ODL. In summer, Nurkka is open from 1.6. to 8.8. from Monday to Saturday at 15–21. Follow Nurkka on Instagram @valkeannurkka to get up-to-date information on the events held in Nurkka. There is an art gallery for youth's own exhibitions, Nurkan Galleria, which is located in Nurkka.

[Read more about Youth Center Nurkka from this link \(NuortenOulu.fi\).](#)

Loko Youth Hub

Loko Youth Hub provides a communal setting for socializing and leisure for people aged 13-35 (Kauppurienväki 23, 1st floor, via Vaarankatu). Loko is open from Monday at 12–16 and Tue-Thu at 15–20. It's a place for spending time chatting, doing everyday tasks, playing games, engaging in creative activities like arts and music, cooking, and more. At Loko, you have the opportunity to actively help plan and implement the activities. Activities are free of charge and substance-free. Loko Youth Hub follows the principles of a safe space. You can follow @loko_oulu on Instagram, where current affairs are informed.

Opening hours and more information can be found on Loko's website.

Vamos Oulu Living Room

The Vamos Oulu Living Room is a multicultural meeting place for young people and young adults aged 16-35. In July, the living room is open on Tuesdays and Thursdays, as well as on Friday, July 31st. You can find the weekly schedule on Vamos Oulu's Instagram @vamosoulu. [More information about the living room activities is available on Vamos Oulu's website in Finnish.](#)

Girls' House and Boys' House

The Girls' House contacts

The Girls' House (Tyttöjen talo) is a community center run by Vuolle Settlement in Oulu. It offers a safe, discrimination-free space and free-of-charge activities for girls and young women aged 12–29 from all backgrounds. The center provides peer groups, open communal evenings, and individual support. The Girls' House is located in Kirkkokatu 19 A 9. The entrance is locked and will be opened by calling the doorbell. The doorbell's number is 4. The Girls' House can be found on Instagram, @vuolletyttojentalo.

Councillors:

- Saara Karjalainen, phone: +358 44 726 1260, email: saara.karjalainen(at)vuolleoulu.fi
- Tessa Kuusikko, phone: +358 44 493 6949, email: tessa.kuusikko(at)vuolleoulu.fi

[More information about The Girls' House and its opening hours during summer from this link \(Likka.fi\).](#) Note: the link opens a website in Finnish.

The Boys' House contacts

The Boys' House (Poikien talo) is located in Isokatu 41 A 13. The Boys' House is a safe environment for 12-29 year old boys and young men. The Boys' House is a place free from bullying and discrimination for everyone regardless of one's social, ethnic or cultural background, beliefs, opinions or who one happens to like. Boys House organizes individual, group and open activities. The Boys' House can be found on Instagram @vuollepoikientalo.

Councillors:

- Joonas Koskela, phone: +358 50 598 8012, email: joonas.koskela(at)vuolleoulu.fi
- Antti Nieminen, phone: +358 50 305 3396, email: antti.nieminen(at)vuolleoulu.fi
- Olli-Pekka Kallunki, phone: +358 44 726 1265, email: olli-pekka.kallunki(at)vuolleoulu.fi

[More information about The Boys' House from this link \(Poikientalo-oulu.fi\).](#)

D-station

D-station (Valtatie 53, Tuira) is a meeting place open to everyone. Its activities are planned and organized together with the residents of the area. The program includes, among other things, open hours, trips, events, sports and culture. You can also find D-station on Facebook (D-asema Oulu) and Instagram (@d_asema_oulu).

You can also contact D-station workers by phone:

- Anne Mäkipaaso, Community worker: +358 50 4018217
- Rebekka Mitrunen, Community worker: +358 40 6205050

[For more information about D-asema, please visit this link \(Diakonissalaitos.fi\).](#)

OSAO Ovi admission services

OSAO Ovi is an admission service that provides guidance and advice related to vocational education. It is open all summer from Monday-Thursday at 10–15 and Fridays at 10–14 at the Kotkantie campus (Kotkantie 1, F-wing, 1st floor, entrance door F2). Current issues are communicated either on the

website or on Instagram: @osaoovi. There is also the possibility of remote services via Teams. Study and career counselors are available for personal career counseling discussions and application advice by appointment. [You can find more information and appointment booking links on the OSAO website.](#)

Oulu Congregations

Walk in therapy

Oulu's Evangelical Lutheran parishes offer free and anonymous discussion help for 16–29-year-olds without an appointment. Walk-in therapy is a solution-focused short-term therapy based on the "one visit at a time" principle. The activities are aimed at young people and young adults to support their mental well-being. You are welcome to discuss regardless of your background and life situation, and you do not have to belong to a church. Religious topics are only discussed if you wish. You decide the topics of discussion yourself, and this is respected.

During summer 2026 walk in therapy is available:

- On Wednesdays at 15–18 Oulu city center, Nuorten Kivijalka, Isokatu 17, 90100 Oulu (entrance from the courtyard).
- **Note! Walk in therapy is on summer break 25.6.–21.7.2026**

[You can find more information about the summer activities for young people in Oulu parishes at this link \(Oulunseurakunnat.fi\).](#) Note: the link opens a website in Finnish.

Exhibitions and Art

Nurkka Gallery

The Nurkka gallery is a space for young people to exhibit their own works. It is located in the Valkea Shopping Center, in the Nurkka youth center. The Nurkka gallery is organized by the Valve Cultural Center in cooperation with Byström One-Stop Guidance Centre (Byströmin Ohjaamo) and B-Art youth.

Exhibitions this summer:

- **Taideklubi Youth VALO- photography exhibition 30.6.–8.8.2026.** The opening of the exhibition is on Tuesday 30.6. at 18–19.

Nurkka Gallery's Instagram: @nurkangalleria.

Pikigalleria

Pikigalleria is an art gallery maintained by Kulttuurikiihdyttämö ry in Pikisaari in the Villatehdas cultural courtyard district. The gallery actively serves as a center for the local art community and strives to promote the accessibility and importance of art and culture in Oulu. Pikigalleria is open Tuesday to Friday from 12.00–18.00 and Saturdays from 10.00–16.00 (Pikisaarentie 15 B 1, 2nd floor).

Exhibitions:

- Luovuus on luontoni – Kulttuurikiihdyttämö ry:n exhibition in July 4.7.–1.8.2026

Pikinen poloku

Environmental art path in Pikisaari 10.6.–30.9. The Environmental Art Path goes around the beaches and forests of Pikisaari. During the summer, around twenty works of art will be spread out into nature. The art is made by artists and groups of artists working in Pikisaari, as well as guest artists. Welcome to experience the path at your own pace during the summer! The works can be found along the path around the clock throughout the summer. The main route of the art path is accessible.

[You can find more information about the works and artists, as well as a map of the art path in Vanha villatehdas website.](#)

K2 Galleria

K2 Galleria is maintained by K2 Taiteilijatalo ry. The Jubilee Exhibition, celebrating the K2 Taiteilijatalo 10th anniversary Open Studios journey. Gallery tours for the public continue until December. In the summer, gallery tours will be held:

- Wednesday 5.8. at 18

[More information about the gallery can be found in the MunOulu event calendar at this link.](#)

ARToulu -Art Area

The ARToulu art area features a wide range of environmental art. The works in the art area are created by 13 artists and can be found in the city centre of Oulu, Pikisaari, Hietasaari, Toppila and Tuira districts. During the summer, free and guided bike tours are organised in the art area.

[You can find more information about the ARToulu art area, the artwork and the summer activities at this link \(Artoulu.fi\).](#)

Museums

Sailor's Home Museum

At the Sailor's Home Museum, you can learn about the life of Oulu's sailors, the history of Pikisaari and the museum building. The museum is open from 3.6.–30.8. Mon-Sun from 10–17. The address is Pikisaarentie 6, Oulu. Admission to the museum is free. [Read more about the Sailor's Home Museum at this link \(Merimiehenkotimuseo.fi\).](#)

Oulu Castle

Located near the center of Oulu, Linnansaari allows you to explore the early stages of the founding of the city. Summer opening hours are determined by the opening hours of the Tähtitorni café. The address is Linnansaari 1, Oulu. Admission to the Oulu Castle's Basement is free. [Read more about the Oulu Castle Basement at this link \(Oulunlinnankellari.fi\).](#)

Oulunsalo Traditional Village Museum

At the Oulunsalo Traditional Village Museum, you can learn about local life in Oulu at the end of the 19th century and the beginning of the 20th century. The museum displays objects and tools used in farms. The museum is open in July from 2–26 July, Wed-Sun from 11–17 pm. The address is Jääsköntie 5, 90460 Oulu. Admission is free. [Read more about the Oulunsalo Homeland Museum at this link \(Oulunsalokotiseutumuseo.fi\).](#)

Pateniemi Sawmill Museum

The Pateniemi Sawmill Museum is a place where you can learn about the industrial history of the Pateniemi area. The museum is open from 3–26 July, Wed-Sun from 11–17. The address is Sahantie 21, Oulu. Admission is free. [Read more about the Pateniemi Sawmill Museum at this link \(Pateniemensahamuseo.fi\).](#)

Sports, outdoors and activities

Yökoris-basketball group

Low threshold sports for youth and young adults! The activities started in Oulu in the summer of 2020. Yökoris aims to bring young people from Oulu together for meaningful activities. You can follow the latest information on Instagram @yokorisoulu. Check out the schedules and join along. The activities are mainly for 15–35-year-olds.

The basketball shifts will start running 5–6 times a week in Heinäpää, as in previous summers. The basketball courts are located near the Heinäpää Football Arena (Nuottasaarentie 12). The types, times and locations of the pop-up games vary. Follow @yokorisoulu's Instagram posts and stories, where the pop-up games are announced and jump in!

Outdoor gyms, fitness tracks and nature trails

In addition to walking, running and jogging, fitness tracks and trails also serve as mountain bike trails in the summer. Virpiniemi Sports Institute has a Mobile Orienteering Track. [More information about orienteering can be found at this link \(Oukafi\)](#). There are several natural trails in the Oulu area. [More information about the trails through this link \(Ouka.fi\)](#). Some of these trails have firewood ready for making a campfire. Remember to follow wildfire warnings on [the website of the Finnish Meteorological Institute](#). Making an open fire is prohibited during a wildfire warning. [More information about outdoor exercise possibilities can be found at this link \(Ouka.fi\)](#).

Adventure Trail in Ainola Park

On the adventure trail, you can go around a 10-station course in the heart of nature. On the trail, you can relax and enjoy the well-being benefits of nature. Signs to the starting point are from Café Kiikku. The adventure trail is free to explore until August 31, 2026.

Disc golf

You can borrow a disc set for a two-week loan period from the Kauno library van and from the libraries in Haukipudas, Kastelli, Kaukovainio, Kello, Kiiminki, Koskela and Oulunsalo. [You can also borrow disc golf discs for free from the City of Oulu sports equipment rental service.](#)

- Free disc golf courses
 - o Hiironen, 18 holes; Honkimaa frisbeegolf track, 18 holes
 - o Honkimaa, 21 holes

- o Jääli, 9 holes
- o Meri-Toppila DiscGolfPark, 18 holes
- o Metsokangas School, 3 holes
- o Oulunsalo Peuhu DiscGolfPark, 9 holes
- o Torpanmäki, 9 holes
- o Virpiniemi DiscGolfPark, 18 holes
- o Yli-Ii frisbeegolf, 9 holes

[You can find more information about Oulu's disc golf courses at this link \(Frisbeegolfradat.fi\).](#) Note: the link opens a website in Finnish.

Skate parks and Pumptrack

In Hollihaka Park you can find Oulu's pump track, where you can ride and do tricks on a BMX or mountain bike, skateboard, longboard, kickboard or roller skates. The track is free to use and open 24 hours a day. [You can find skate parks in the Oulu area at this link \(Ouka.fi\).](#) Note: the link opens a website in Finnish.

Summer 2026 Action activities for 13–19 year olds

Action sports are guided and free sport groups for 13–19 year olds in Oulu. The supervisor and equipment are on site. No pre-registration is required for non-padel venues.

- Hovisuo skating area – skating: Thursday at 19–21.00 (25.6.–30.7.)
- Lintula Tennis court – tennis: Tuesday at 13–14.30 (16.6.–25.8.)
- Linnanmaa pool and gym: Tue-Fri at 10–15.00, Sat-Sun 10–14.00 (29.6–30.8.)
- Raatti pool; gym and swimming: Mon-Fri 10–16.00, Sat-Sun 10–14.00 (1.6.–5.7.)
- Jatuli pool; gym and swimming: Tuesdays and Thursdays at 15–17.00 (2.–16.6.)

In addition to recurring shifts, there are also individual courses. [You can read more about these at this link \(Ouka.fi\).](#)

Fitness24Seven's free outdoor classes

Outdoor yoga and pilates classes suitable for all levels of exercise on Tuesdays from 18.15–19.15 in Hollihaka Park until August 25th. Pilates and yoga alternate weekly. Classes are held on the grassy area in front of Hollihaka Playground. You will need to bring your own yoga mat and a water bottle. Note: The class will be cancelled, if it is raining.

Free qigong and taiji training during summer

The Oulu Taiji Society organizes qigong and taiji training twice a week in Ainola Park between 6.6–5.8. Qigong on Saturdays from 12.00–13.30, and taiji-focused training on Wednesdays from 18–19.30 pm. The park classes are open to everyone and are suitable for first-time users. All you need is comfortable, weather-appropriate clothing and shoes for light exercise. The training location is in Ainola Park, on the lawn between the playground and the summer theater. Note: The class will be cancelled, if there is a storm.

Borrow sports and hobby equipment or facilities for free

Sports equipment lending

The City of Oulu's sports equipment rental shop (Lainaamo) allows you to borrow equipment for exercise and hobbies free of charge. The range of equipment on offer includes disc golf discs, various types of clubs and balls, kick scooters, skateboards and roller skates with protective equipment. You can find the sports equipment rental shop at the Recycling Centre Likke premises in Limingantulli (Jääsalontie 16–18). Loans Mon–Thu 10–17 and Fri 10–15.30. Returns any time during Likke's opening hours (also on Saturdays).

[You can find more information about the sports equipment rental shop at this link \(Lainaamo.ouka.fi\).](https://lainaamo.ouka.fi)

Borrowing sport and hobby equipment from libraries

Several libraries in the Oulu area lend a wide range of games and hobby equipment free of charge with a library card. In the libraries you will find disc golf sets, various yard games, table tennis, baseball and padel sets among other things. In addition, you can reserve the digital workshop and studio facilities and equipment at the Central Library on Saari.

[More information about the facilities and equipment that can be borrowed from the library can be found at this link \(Ouka.fi\).](https://ouka.fi)

Online

Mental Health

Mieli (Mental Health Finland) is a mental health organisation whose mission is to promote mental health, provide crisis counselling and prevent mental health problems and suicides. Mieli offers help and mental health support to people in difficult life situations and crises. [You can read more about their services through this link \(Mieli.fi\).](#)

Chat

Save the Children's online youth center's Netari.fi website shows open chats of the day. [You can access the chat list from this link \(Netari.fi\).](#)

Other budget-friendly events

Cultural Centre Valve

[This link takes you to Valve's event calendar.](#) Valve's summer includes several exhibitions, openings, guided tours and accompanying programs among other things. [This link takes you to an article about them \(Kulttuurivalve.fi\).](#)

Remember to ask about the possibility of participating with a Kaikukortti card. Tip: You can filter Valve's event calendar to display only Kaikukortti card events by selecting the "Kaikukortti kohde" option in the event search.

Impromptu Park Impro 2026

Park improv is a low-threshold event that is open to everyone. Participation does not require registration, payment, or experience in improvisation or any other performance. All you need to bring is weather-appropriate clothing, a water bottle, and an open mind. By participating in the park improv, you agree to follow the principles of a safe space.

The event is organized behind the art museum in Ainola Park. Pass over the bridge and go to the right. The impros happen on Tuesdays in August at 18–19. The events can be cancelled if there is bad weather, such as heavy rain or a storm. The implementation and cancellation of the park improv will be announced on Impromania's Instagram every Tuesday, generally by noon.

[Read more through this link \(Tapahtumat.munoulu.fi\).](#)

Matsucon 2026

Matsucon is an event focused on anime and manga. This year the convention is hosted 8.–9.8.2026. The event venue is Pohjankartano school. The event is open to all ages and has an admission fee. Ticket prices vary between 15-25€, depending on the ticket and whether you buy it in advance or at the door.

[More information about Matsucon through this link \(Tapahtumat.munoulu.fi\).](https://tapahtumat.munoulu.fi)

MunOulu-event calendar

[You can check out current events in MunOulu's event calendar.](#)

Oulu2026-event calendar

[This link takes you to the Oulu2026 event calendar.](#)

This compilation and its maintenance are the responsibility of the youth information and counselling at The Byström One-Stop Guidance Centre (Byströmin Ohjaamo). You can contact us by email at [bystrom\(at\)ouka.fi](mailto:bystrom(at)ouka.fi) or by phone at 050 599 2293.